

Appointments for induction of labour

Induction of labour by inserting a balloon catheter

Date: _____

Option 1: Insertion of balloon catheter at the hospital and then spending the night at home

- **Call the number below at 9.00 am.** We will tell you what time you need to come to the hospital. This is usually between 10.00 and 11.00 am. Follow the orange route to the third floor route Oranje (lift hall Red) to the HMC Sara de Bronovo Mother and Child Center. After the balloon catheter has been inserted, you will go home.
- Call the next day at 6.00 am. You usually need to report to the hospital at 6.30 am.

When should you contact the hospital after the balloon catheter insertion?

1. You should call when you think labour has started.
This is when:
 - you have blood loss
 - you have one or two contractions every ten minutes
 - your water breaks
2. If you have lost fluid once.
Sometimes the balloon bursts and we need to insert a new one.
3. If you have lost the balloon.
4. If you have any doubts or are unsure.

Option 2: Insertion of balloon catheter at the hospital and then spending the night at the hospital

- **Call the number below at 6.00 pm.** We will tell you what time you need to come to the hospital. This is usually between 7.00 and 8.00 pm. Follow the orange route to the third floor route Oranje (lift hall Red) to the HMC Sara de Bronovo Mother and Child Center. After the balloon catheter has been inserted, you will stay at the hospital overnight.

Induction of labour by breaking the water

Date: _____

- **Call the number below at 6.00 am.** We will tell you what time you need to come to the hospital. This is usually at 6.30 am. Follow the orange route to the third floor route Oranje (lift hall Red) to the HMC Sara de Bronovo Mother and Child Center.

Very occasionally, it may happen that no delivery room is available for inducing labour. In that case, we will arrange another time or day with you. We will always call you in advance to confirm the day and time.

Our telephone number is 088 979 21 04.

We can be contacted 24 hours a day, seven days a week.

For more information on induced labour, see:

Information videos on the
induction of labour



HMC has a leaflet on induced labour
(‘Een bevalling inleiden’), which can be found at:

