

Dear Madam.

We would like to congratulate you on your pregnancy. We are happy to welcome you to our outpatient clinic. Our specialised care providers will support you not only during your pregnancy and delivery but, after that time, we will also provide you with appropriate obstetric or medical care.

By way of this letter, we want to inform you about how your first appointments will proceed. First an ultrasound will be taken, then a nurse will provide you with health information about the pregnancy and, finally, you will have an intake with a doctor. You should count on spending 1.5 hours at the outpatient clinic. For the appointments to proceed as smoothly as possible, it is important that you arrive on time. If you arrive too late, unfortunately, one of the components of the appointments will expire, and you will have to schedule a new appointment for this. You will see the date and time of your appointments in MijnHMC.

## Preparation for your appointment

- In preparation for your appointment, we ask you to complete two questionnaires about your health. You can find one questionnaire in MijnHMC (log in via the website www. haaglandenmc.nl). You will receive the other questionnaire by email. It is important to complete both questionnaires.
- Do you use medication? Let us know during your appointment at the hospital. You can
  obtain a current medication overview from your own pharmacy or you can give permission
  to share medication data (via LSP <a href="www.volgjezorg.nl">www.volgjezorg.nl</a>). For more information see: <a href="https://www.haaglandenmc.nl/specialismen/afdeling/ziekenhuisapotheek">https://www.haaglandenmc.nl/specialismen/afdeling/ziekenhuisapotheek</a>
- Please also take a look at our own website in preparation for your appointment www.haaglandenmc.nl/specialismen/afdeling/verloskunde or on www.allesoverzwanger.nl
- You can aslo find information on the website <a href="https://3goedevragen.nl/zwanger/">https://3goedevragen.nl/zwanger/</a> to prepare for your visit with the doctor.

## Reporting at the Gynaecology/Obstetrics outpatient clinic

- HMC Bronovo: Report by logging into the registration pillar with your new HMC patient card.
- HMC Westeinde: Report to the desk with your new HMC patient card.
- Do you have a referral letter or other documents? Before taking a seat in the waiting room, please hand in any necessary documents to the outpatient clinic assistant.
- You will schedule any check-ups at the reception desk of the outpatient clinic after your appointment.

If you have any questions that cannot wait for your next appointment, please telephone the outpatient clinic.

HMC Bronovo and HMC Westeinde 088 979 24 22

We look forward to seeing you at your first appointment at our outpatient clinic.

Kind regards,

Gynaecology/Obstetrics outpatient clinic