

# Your stay on the Amalia ward



## **Welcome**

You are on the Amalia maternity ward in HMC Bronovo, where pregnant women, mothers of new-born babies and their babies receive care. The Amalia Ward works according to family-oriented care. This is a type of care in which the mother and partner play an active role in caring for the baby and you are given the option, as far as possible, to make decisions about the care yourself. This gives you more freedom to organise the maternity period in the hospital. Another advantage is that you and your partner will be better prepared for caring for your baby at home. This leaflet informs you about the procedures on the maternity ward. We will try to accommodate your wishes wherever possible.

In practice, family-oriented care means that:

- you will make a day schedule and, if desired, a night schedule together with the nurse;
- the nurse is there to support the mother and child;
- the nurse will coach you so that you can care for your baby yourself;
- we will encourage your partner to assist in caring for your baby.

## **Overnight stay for partner**

It is possible for your partner to stay the night. There is a charge of 25 euro per night for this extra service, including breakfast, lunch and a hot meal. If you would like to use this service, please inform the ward staff. You will be given a direct debit registration form. Children can not stay the night.

The chair or couch in the room folds out into a bed. Your partner can use the toilet facilities in your room. An instruction card for the chair and the bed linen are located in the draw under the dresser.

### **Your partner will be expected:**

- to remain on the ward for the entire night;
- to get up at 07:30 hours and to tidy everything away by 08:00 hours;
- to fold away the bed and to fold up the bed linen;
- to place towels and flannels in the laundry basket after use;

- to wear appropriate night clothing: pyjamas and/or dressing gown are compulsory;
- not to walk around the ward in night clothes;
- to help look after your baby during the night as well.

## **Visiting hours**

Visitors are welcome between 10:00 and 19:30 hours. However, we would like to point out that it is a good idea to plan a period of rest between 13:00 and 15:00 hours. Visitors should not disrupt the work of staff or disturb other patients. Visitors are expected to use the visitors' toilets in the corridor.

## **Use of mobile phones**

Mobile phones are permitted on the ward. Please ensure that others are not disturbed by your mobile and switch to vibration/silent mode.

## **Refrigerator**

You are free to use the small refrigerator in the room. Please also store any expressed milk in this refrigerator.

## **Lactation expert**

A lactation expert is present on Mondays, Tuesdays, Thursdays and Fridays. A lactation expert specialises in helping mothers and their babies when breastfeeding. Please inform the nurse if you wish to speak to her.

## **Storing valuable property**

Please do not bring any valuable property with you. Small valuables and a suitable amount of cash can be stored in the lockable cupboard in your room, which operates on a 2 euro coin deposit.

## **Visiting the children's ward**

Please lock all valuables in your cupboard and take the key with you when visiting the children's ward.

Mobile phones may not be switched on in the incubator room.

Do you want to watch your child on the children's ward via the webcam?  
Please ask the nurse on the children's ward for the correct log-in codes.

We wish you a pleasant stay on the Amalia ward!

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